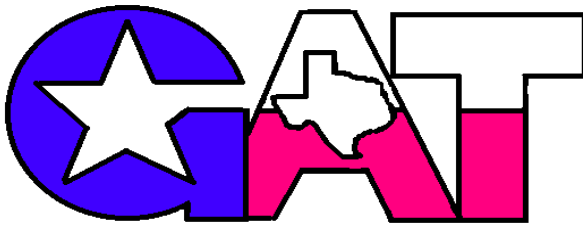


Gymnastics Association
of
Texas



Ceremony of Honors

Renaissance Austin Hotel
Austin, Texas
August 31, 2019

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SHOW ORDERS

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NATIONAL HONOR AWARDS

The Honor Award is presented annually to persons who have brought honor to the State of Texas by their service as leaders of National Organizations, coaching of champions and/or winning of National titles in gymnastics.

TEXAS GYMNASTICS JUDGES ASSOCIATION HONOR AWARDS

WOMEN

Marline Blaze	Judged US Championships, US Classics, and International Meets
Marilyn Blilie	Judged NCAA Nationals
Tracy Brewer	Judged USA Gymnastics NCAA Nationals
Chelsea Davis	Judged US Championships, US Classics, and International Meets
Tammy DeGuzman	Judged International Meets
Amy Hulbert	Judged NCAA Nationals
Cori Rizzo	Judged Westerns
Adriana Ruiz	Judged International Meets
Jhoannys Ruiz Bellos	Judged International Meets
Debbie Williams	Judged JO Nationals

MEN

Travis Blue	Judged HNI International Open
Eric Briley	Judged HNI International Open, Liukin Invite International Meet, NCAA Championships
Pat Fallin	Judged at San Antonio Invite International Meet
JT Fletcher	Judged HNI International Open, Liukin Invite International Meet, and San Antonio Invite International Meet

Daniel Furney	Judged San Antonio Invite International Meet, and NCAA Championships
Zach Gagnon	Judged at USA Championships
Dan Keating	Judged HNI International Open, Liukin Invite International Meet
Greg Kester	Judged at HNI International Open, Liukin Invite International Meet, Senior Pan Am Championships
Jim McKinney	Judged HNI International Open, Liukin Invite International Meet, San Antonio Invite International Meet
Rome Milan	Judged Liukin Invite International Meet
Kevin Muenz	Judged Junior International Team Cup, USA Championships, HNI International Open, Liukin Invite International Meet, San Antonio Invite International Meet, and serves at NGJA MidWest Regional Technical Director
Chris Muenz	Judged HNI International Open
James Sergeant	Judged Liukin Invite International Meet
Mark Sherman	Judged Junior International Team Cup, HNI International Open, Liukin Invite International Meet, USA Championships, and serves as the NGJA MidWest Regional Director
Sean Sims	Judged Liukin Invite International Meet
Cameron Sweny	Judged JO Nationals as Apparatus Leader for Pommel Horse, Junior International Team Cup, HNI International Open and Liukin Invite International Meet
Marcus Yancey	Judged Liukin Invite International Meet

NATIONAL COLLEGIATE ACROBATICS & TUMBLING ASSOCIATION (NCATA)

BAYLOR UNIVERSITY

Kaylee Adams	2019 NCATA All-American, Six-Element Acro National Champion, Inversion Pyramid National Champion, Synchronized Toss National Champion, Duo Tumbling National Champion, Six-Element Tumbling National Champion
Lexie Amrhein	2019 NCATA Quad Tumbling National Champion
Mary Berdis	2019 NCATA Inversion Pyramid National Champion
Hope Bravo	2019 NCATA All American, Aerial Tumbling National Champion
Cam Bryant	2019 NCATA 450 Salto Toss National Champion
Morgan Celum	2019 NCATA Inversion Pyramid National Champion, Synchronized Toss National Champion
Raegan Dover	2019 NCATA Inversion Pyramid National Champion
Ashley Echelberger	2019 NCATA Most Outstanding Athlete, All American, Six-Element Acro National Champion, 450 Salto Toss National Champion, Quad Tumbling National Champion, Synchronized Toss National Champion
Alexis Fowlkes	2019 NCATA Six-Element Acro National Champion, Inversion Pyramid National Champion, 450 Salto Toss National Champion, Synchronized Toss National Champion

Ceara Gray	2019 NCATA All American, 450 Salto Toss National Champion, Synchronized Toss National Champion
Bri Harris	2019 NCATA Inversion Pyramid National Champion, Salto Toss National Champion, Synchronized Toss National Champion, Duo Tumbling National Champion
Joie Hensley	2019 NCATA Specialist of the Year, Synchronized Toss National Champion
Kati Horstmann	2019 NCATA Six-Element Acro National Champion
Madison Kruse	2019 NCATA Quad Tumbling National Champion
Gigi Mendoza	2019 NCATA Six-Element Acro National Champion, Synchronized Toss National Champion
Felecia Mulkey	Coach of National Champions
Kate Puentes	2019 NCATA Inversion Pyramid National Champion, 450 Salto Toss National Champion, Synchronized Toss National Champion
Kelsey Rowell	Coach of National Champions
Hannah Schumacher	2019 NCATA Inversion Pyramid National Champion, Synchronized Toss National Champion
Mercy Seay	2019 NCATA Quad Tumbling National Champion
Angela Ucci	Coach of National Champions

NATIONAL ASSOCIATION OF INDEPENDENT GYMNASTICS CLUBS (NAIGC)

WOMEN

TEXAS A&M UNIVERSITY

2019 Team NAIGC National Champions

Taylor McDoniel

Level 9 Vault National Champion, Level 9
Floor National Champion

Renee Woodruff

Level 9 Beam National Champion, Level 9
All-Around National Champion

MEN

TEXAS A&M UNIVERSITY

Jared Miscisin

Modified NCAA All-Around National
Champion



GAT would like to
recognize the
organizations that
generously supported
GAT this year.

THANK YOU!!

Spieth America

&

A-1 Awards



**Above: Simone Biles, World Champion Centre
All-Around National Champion**

**Below: Colt Walker, AcroTex
All-Around National Champion, Jr. Division**





**Above: Jaden McCarter & Sage Goldman
Synchronized Trampoline National Champions**

**Below: Reagan Dubbels, Abby Rosilier, Emily Petty, AGSA
Senior Elite National Champions**



USA GYMNASTICS

MEN'S HONOR AWARDS

ACROTEX

Glenn Morris	Coach of National Champion and International Competitor
Colt Walker	Level 10 JE AA, VT, PB JR Winter Cup AA, VT, RDI Team Silver, AA SR HB Silver, VT Gold, FX PB Bronze, International Jr Team Cup Team Gold, FX Bronze, Elite Team Cup, USA Champs JR AA, VT, PB, JR National Team

CYPRESS ACADEMY

Level 10 JO Club Team National Champions

Asher Hong	Level 10 JE AA,PH,SR, HB, JR National Team
Xander Hong	Level 9 JR National Team
Laz Barnhill	Level 10 JE AA, PH, PB, Elite Team Cup, USA Champs JR PH, HB
Garrett Braunton	Level 10 JE FX, SR, Elite Team Cup, USA Champs JR SR, JR National Team
Tanner Braunton	Level 9 JE Floor Champion
J.R. Chou	JR Winter Cup PH, International Junior Team Cup Team Gold, AA Silver, PH Gold, Elite Team Cup, USA Champs JR FX,
Caden Clinton	Level 9 JE AA, PH, SR, PB, Jr National Team
Jack Freeman	Level 10 JE FX, VT, PB, Elite Team Cup
Tom Meadows	Coach of National Champions

ENRICH

Fuzzy Benas	JR Winter Cup SR, RDI Team Silver, VT Silver, HB Bronze, International JR Team Cup Team Gold, SR Silver, VT Gold, Elite Team Cup, JR National Team
Sam McArthur	Coach of National Champion

IRON CROSS

Koby Cantu	Level 10 JO Parallel Bars
Dakota Qualls	Coach of National Champion

RIDGEWOOD GYMNASTICS

Jeremy Kramb	Coach of National Champion
Clayton Staunton	Level 9 JO Vault Champion

WOGA GYMNASTICS

Alex Deubler	Level 9 JE Jr National Team
Danila Leykin	Level 8 JE AA , FX, PB, HB, Jr National Team
Ian Sandoval	Level 9 JE FX, VT
Sergei Pakanich	Coach of National Champions

USAG GYMNASTICS FOR ALL HONOR AWARDS

SHOWCASE GYMNASTICS

2019 USA Gymnastics For All National Championships and Gymfest

Level 5 Open Female National Champions

Level 5 Open Male National Champions

Level 7 Open Female National Champions

Level 8 National Champions

Level 9 National Champions

Zac Airey	Level 5 Open Male National Champion
Delisha Akbarzadel	Level 5 Open Female National Champion
Nicole Anderson	Level 7 Open Female National Champion, USA Performance Group member
Hannah Blunt	Coach of World Gymnaestrada Participants and National Champions
Ramon Brown	Coach of World Gymnaestrada Participants and National Champions
Karyn Cadogan	Level 5 Open Female National Champion
Julia Cohen	Level 7 Open Female National Champion, USA Performance Group member
Keri Collins	Level 8 National Champion, Level 9 National Champion, USA Performance Group member
Cristy Correa	Level 7 Open Female National Champion, USA Performance Group member
Danny Correa	Level 5 Open Male National Champion, USA Performance Group member
Cate Cupples	Level 8 National Champion

Christopher Cupples	Level 5 Open Male National Champion
Claire Cupples	Level 7 Open Female National Champion, USA Performance Group member
Conner Cupples	Level 5 Open Male National Champion, USA Performance Group member
Tessa Cupples	USA Performance Group Member
Cheryl Cupples	Coach of World Gymnaestrada Participants and National Champions
Naomi Cupples	Coach of World Gymnaestrada Participants and National Champions
MayaLee Dobson	Level 9 National Champion, USA Performance Group Member
Tanya Dowling	Coach of World Gymnaestrada Participants and National Champions
Carina Etgen	USA Performance Group Member
Taylor Fancher	Coach of World Gymnaestrada Participants and National Champions
Alex France	Level 8 National Champion, USA Performance Group Member
Michelle Goddin	Coach of World Gymnaestrada Participants and National Champions
McKenna Gore	Level 5 Open Female National Champion
Ariana Guevara	Level 5 Open Female National Champion
Valeria Guevara	Level 8 National Champion
Jenna Hall	Level 9 National Champion, USA Performance Group Member
Bridget Hoffman	Level 5 Open Female National Champion, USA Performance Group Member

Danielle Jawad	Level 7 Open Female National Champion
Morgan Kessler	Level 8 National Champion
Brian Kuo	Level 5 Open Male National Champion
Maya LaBrache	Level 7 Open Female National Champion, USA Performance Group member
Mykaela Lawson-Ho	Level 9 National Champion, USA Performance Group Member
Jade Lawson-Ho	USA Performance Group Member
Madi Lybarger	Level 7 Open Female National Champion, USA Performance Group member
Lauren Martin	Level 7 Open Female National Champion
Vanessa Medina	Level 7 Open Female National Champion
Cardin Mills	Level 5 Open Female National Champion
Arianna Morganfield	Level 5 Open Female National Champion
Andresa Orendain	Level 7 Open Female National Champion
Jace Poosuthasee	Level 5 Open Male National Champion
Victoria Rangel	Level 7 Open Female National Champion, USA Performance Group member
Lauren Reed	Level 8 National Champion, Level 9 National Champion, USA Performance Group Member
Jessica Richter	Level 7 Open Female National Champion, USA Performance Group member
Rachel Rivera	Level 9 National Champion, USA Performance Group Member
Kayla Sidlik	Level 8 National Champion, USA Performance Group Member
Nadine Soliman	Level 5 Open Female National Champion, USA Performance Group Member

Ahnyka Stone	USA Performance Group Member
Cade Thompson	Level 8 National Champion, USA Performance Group Member
Aubrey Tupper	Level 8 National Champion, USA Performance Group Member
Rafaela Velochaga	USA Performance Group Member
Ayla Wojahn	Level 5 Open Female National Champion



***Selected to perform at Pan American Gymnastics
Union National Evening
Selected as “USA Performance Group”
16th World Gymnaestrada 2019, Dornbirn, Austria***

USAG ACROBATIC GYMNASTICS HONOR AWARDS

ACROBATIC GYMNASTICS OF SAN ANTONIO

Cassie Andrews	International Competitor, 11-16 National Team Member
Kaeylarae Brogden	Junior National Team Member, 13-19 Women's Pair International Competitor
Emily Davis	2019 Maia World Cup Bronze Medalist, Senior Elite National Team Member
Hannah Davis	12-18 Women's Pair International Competitor, National Team Member
Alyssa Delgado	Coach of National Champions and International Competitors
Reagan Dubbels	Senior Elite Women's Group National Champion, Senior National Team Member
Jordan Grundler	USAG Junior National Team Member, 13-19 Mixed Pair International Competitor in Portugal, Vegas Acro Cup Bronze Medalist
Michael Hassey	Coach of National Champions
Kourtney Heinrich	Level 8 Women's Pair National Champion, International Competitor
Camila Hernandez	Junior National Team Member, 13-19 Women's Pair International Competitor
Makayla Jacobs	Level 9 Women's Pair National Champion, International Competitor
Abi Kalchman	Level 9 Women's Pair National Champion, International Competitor
Taylor Kozelsky	11-16 Women's Group International Competitor, National Team Member
Delaney Lizama	Level 9 Women's Group International Competitor

Savannah Luvisi	Level 9 Women's Group International Competitor
Sofia Martinez	11-16 Women's Group International Competitor, National Team Member
Keith Massa	Coach of National Champions and International Competitors, Acrobatics Judge
Timothy Massa	USAG Junior National Team Member, 13-19 Mixed Pair International Competitor in Portugal, Vegas Acro Cup Bronze Medalist
Leavy McDonald	12-18 Women's Pair International Competitor, National Team Member
Emma Oregel	International Competitor
Kheya Patel	11-16 Women's Group International Competitor, National Team Member
Emily Petty	Senior Elite Women's Group National Champion, Senior National Team Member
Abigail Rosilier	Senior Elite Women's Group National Champion, Senior National Team Member
Aubrey Rosilier	2019 Maia World Cup Bronze Medalist, Senior Elite National Team Member
Madeline Sprague	Level 9 Women's Group International Competitor
Trent Stoker	11-16 Mixed Pair National Champion, USA National Age Group Team, 2nd place at Vegas Acro Cup
K.C. Stoker	International Competitor
Vladimir Vladev	Coach of National Champions and International Competitors; Elite Coach of the Year
Chloe Zubiate	Level 8 Women's Pair National Champion, International Competitor

BOERNE GYMNASTICS CENTER

Ty Alexander	11-16 Men's Group National Champion, International Gold Medalist at 5th International Acrobatic Cup in Italy
John Bloomfield	11-16 Men's Group National Champion, International Gold Medalist at 5th International Acrobatic Cup in Italy
Alek Denton	Level 9 Mixed Pair National Champion
Annabelle Digonis	11-16 Mixed Pair International Gold and Bronze Medalist in Italy
Andy Digonis	11-16 Men's Group National Champion, International Gold Medalist at 5th International Acrobatic Cup in Italy
DeShay Eisenmenger	Coach of National Champions
Destiny Galloway	Level 9 Mixed Pair National Champion
Ian George	11-16 Men's Group National Champion, International Gold Medalist at 5th International Acrobatic Cup in Italy
Xander Kipp	Level 8 Mixed Pair National Champion
Radostina Lachkov	Coach of National Champions, National JO Coach of the Year, coached at 5th International Cup and Camp in Italy
Rumen Lachkov	Coach of National Champions, National JO Coach of the Year, coached at 5th International Cup and Camp in Italy, National JO Coach of the Year
Jordan Liberto	International Competitor
Daniel Peck	Level 7 Men's Pair National Champion
Tonya Peck	11-16 Women's Group International Competitor
Addison Rust	11-16 Mixed Pair International Gold and Bronze Medalist in Italy

Ellie Sedlak

Level 8 Mixed Pair National Champion

Julianna Stevens

11-16 Women's Group International Competitor

Caley Teague

Coach of National Champions

Riley Walters

Level 7 Men's Pair National Champion



WORLD OLYMPIC GYMNASTICS ACADEMY

Polina Bakman	12-18 Women's Group National Champion, National Team Member
Emma High	11-16 Women's Pair International Competitor and National Team Member
Slavik Kosakovsky	Coach of National Champions and International Competitors
Rylee Miller	11-16 Women's Pair International Competitor and National Team Member
Aubrey Nguyen	12-18 Women's Group National Champion, National Team Member
Finley Nguyen	Level 7 Age 14- National Champion
Remi Nguyen	12-18 Women's Group National Champion, National Team Member
Ineke Van Schoor	Coach of National Champions and International Competitors
Kearston Vickers	11-16 Women's Pair International Competitor
Khyla Vickers	11-16 Women's Pair International Competitor
Mia Williams	Level 7 Age 14- National Champion

USAG ACROBATIC JUDGES

Jennifer Banowsky	USAG Acrobatics High Performance Administrator, Judge at Vegas Acro Cup
Anna Smirnova	Judged at Vegas Acro Cup, National Championships, and Portugal
Brandi Wren	Judged USA Gymnastics Championships

USAG TRAMPOLINE AND TUMBLING HONOR AWARDS

ABOVE THE BAR ATHLETICS

Ashlie Blanco	Level 6 Tumbling Age 15+ National Champion
Andrea Estela	Level 7 Age 15+Tumbling National Champion
Diana Flechsig	Level 6 Tumbling Ages 13-14 National Champion
Katelyn Johnson	Level 6 Ages 13-14 Double Mini National Champion
Calvin Parker	Coach of National Champions
Chelsea Parker	Coach of National Champions

CHAMPIONS WESTLAKE

Antonio Figueroa	Level 8 Ages 13-14 Tumbling National Champion, Level 8 Ages 13-14 Trampoline National Champion
Jaycee James	Coach of National Champions
Michael Lachner	Coach of National Champions
Alexander Jackson Noble	Junior Elite Synchronized Trampoline National Champion
Ryland Steele	Level 9 Ages 13-14 Trampoline National Champion

EAGLE'S WINGS ATHLETICS

Logan Campbell	Level 5 Tumbling Champion
Brittany Stout	Coach of National Champion

EXTREME CHEER AND TUMBLING

Henry Holloway	Coach of National Champions
Wyatt Otto	Level 5 Ages 8- Tumbling National Champion
Sanorah Ponger-Cruz	Level 6 Ages 11-12 Tumbling National Champion
Kae Reynolds	Level 7 Ages 11-12 Tumbling National Champion

FLIP FACTORY TRAMPOLINE & TUMBLING

Keith Baker	Coach of National Champions
Kelly Baker	Coach of National Champions
Sophia Drummond	Level 7 Ages 11-12 Double Mini National Champion
Michael Sophia	Level 5 Ages 9-10 Double Mini National Champion

GYMNASTICS OF SAN ANTONIO

Daniel Gutierrez	Coach of National Champions
Paul Lansford-Lindsey	Level 6 Ages 15+ Tumbling National Champion

HIGHPOINT ATHLETICS

Britain Evans	Level 7 Age 15+ Double Mini National Champion
Vanessa Powell	Coach of National Champion

GYMNAST FACTORY

Monica Altamirano	Level 6 Ages 9-10 Double Mini National Champion
Logan Ballinger	Coach of National Champions
Lauren Barrow	Level 8 Age 15+ Trampoline National Champion
Marlyssa Bombarde	Level 5 Trampoline National Champion, Level 5 Double Mini National Champion
Darcy Crawford	Coach of National Champions
Cameo Crawford	Coach of National Champions
Olivia Hamilton	Level 5 Age 12 Tumbling National Champion
Jayce Percival	Youth Elite Double Mini National Champion, Junior National Team Member, Finalist at the World Age Group Competition in St. Petersburg, Russia

HOUSTON GYMNASTICS CENTER OF THE ERJCC

Sage Goldman	Level 10 Age 14- Synchro Trampoline National Champion
Jimmy Owens	Coach of National Champion

POWERHOUSE TNT GYMNASTICS

Karlee English	Level 9 Ages 15+ Tumbling National Champion
Pentcho Pentchev	Coach of National Champion
Nina Pentcheva	Coach of National Champion

MANNING ELITE

Madison Renee Creamer	Level 7 Ages 9-10 Trampoline National Champion
Caleigh Ganaway	Level 5 Ages 8- Trampoline National Champion
Chad Ganaway	Coach of National Champions, Celebrating 20 years of National Champions
Paxton Henley	Coach of National Champions
Ashton Hohlt	Coach of National Champions
Jaden McCarter	Level 10 Age 14 - Synchro Trampoline National Champion
Kylie Ortiz	Level 5 Age 11 Trampoline National Champion

TEXAS TUMBLING & TRAMPOLINE INSTITUTE

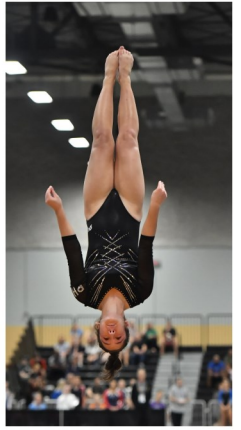
Lisa Gandy	Coach of National Champions, International Competitors and National Team Members
Bill Gandy	Coach of National Champions, International Competitors and National Team Members
Sophie Stone	Junior Elite Double Mini National Champion, World Age Group Team, Junior National Team
Jakob Toland	Level 5 Ages 13-14 Tumbling National Champion

THE PALAESTRA

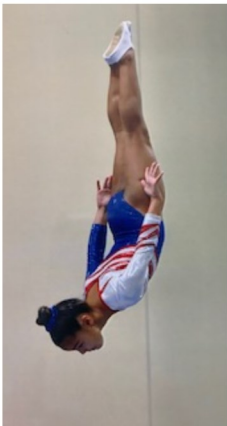
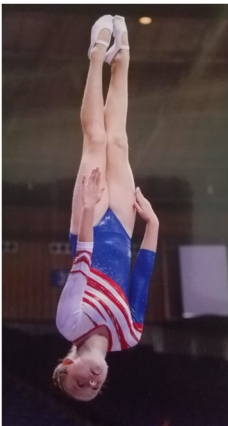
Mary Beth Chavarro	Coach of National Champion
Sophie Duesman	Level 9 Age 15+ Trampoline National Champion
Holly Garrington	Coach of National Champion
Becki Weathers	Coach of National Champion
Sigourney Weathers	Coach of National Champion

TUMBLE TECH

Katelyn Cruickshank	Level 5 Ages 15+ Tumbling Champion
Asher Franco	Level 6 Ages 11-12 Trampoline National Champion
Bennett Greene	Level 5 Ages 13-14 Double Mini National Champion
Mary Mojica	Coach of National Champions
Leah Partida	Level 6 Ages 9-10 Trampoline National Champion
Mikayla Schuster	Coach of National Champions
Reese Sharp	Level 7 Ages 13-14 Double Mini National Champion
Jerry Strickland	Coach of National Champions
Danielle Wills	Coach of National Champions



*Tumbling and
Trampoline National
Champions and
International
Competitors*





Gymnastics for All National Champions



SERVICE TO YOUTH AWARD

The Service to Youth Award is presented to the person(s) who does not serve as a gymnastics coach or program director. Their service is for a significant period of years, touching the lives of many children.

2019 SERVICE TO YOUTH AWARD

PRESENTED TO:

LORNA SPELLMAN



Lorna started gymnastics very young as her father was a gymnast and YMCA coach who trained with trampolinist, Larry Griswald. She competed in high school in Los Angeles, CA and remembers Norbert Dill coming to her gym and demonstrating the German Gym wheel. After high school she performed with Ringling Bros Barnum & Baily Circus as an aerialist, elephant rider and high diver.

After leaving the circus she opened a gymnastics school in Morgan City, LA to fill a need for activities for children. After moving to Texas she opened Boerne Gymnastics Center as a small after school program. Thirty six years later she is welcoming 2nd and 3rd generations of families as students and coaches.

While BGC has always offered traditional girls and boys gymnastics programs, in 2003 she started an Acrobatic Gymnastics program. With talented athletes, skilled coaches and lots of hard work the program has produced 2 Silver Medalists at World Championships, 2 Gold Medalists at Visa Championships, USAG Athletes of the Year, medalists at several international competitions and numerous National Team members. The highlight this year was the Gold medal Men's Group at the Italy Acro Cup.

Lorna is a former Acrobatic Gymnastics Texas State Director, State level judge, and current Acrobatics Meet director. She has assisted in bringing seven international level coaches from Bulgaria to start teams here in Texas and in Louisiana. She has been a speaker at GAT and USAG Regional Congress.

Her personal interest is to direct the "½ Ring Circus Camp". Circus Camp provides children who do not necessarily think of trying gymnastics to get in the gym and be active. Every year BGC provides scholarships for Roy Maas Meadowlands residents. This program accepts children, who are neglected, abused, abandoned, involved with the juvenile justice system, in crisis, or otherwise in danger. At Circus Camp every child gets to try aerial skills, stilts, juggling, rolling globe, tight wire, trapeze, clowning and more.

She donates her time to provide gymnastics classes for the "Life Skills" students at local schools and has donated gymnastics classes to the local school PE programs for years. Her heart is to make gymnastics available for all children as it is the foundation of all sports. She is thankful for all the training that GAT has provided to her and her staff.

SERVICE TO YOUTH AWARD

The Service to Youth Award is presented to the person(s) who does not serve as a gymnastics coach or program director. Their service is for a significant period of years, touching the lives of many children.

2019 SERVICE TO YOUTH AWARD

PRESENTED TO:

REBEKAH MILLER



Rebekah Miller, of Round Rock, has been serving Gymnastics Association of Texas for the past 20 years in various capacities. She began, as a six year old, stuffing registration packets and helping her mother with various GAT Registration duties. While still in high school, she began to use her technology skills to assist with AV needs during GAT, eventually becoming GAT's go-to-girl for all conference room AV.

If you're up early, you'll see her up at 6:30 a.m. making sure all the projectors are set up and ready for our speakers or dashing down the hallways as she troubleshoots any obstacles that pop up during GAT. Regardless of the pressure the job requires, she always maintains a smile and sense of humor.

Over the last ten years she has created an environment of ease for every speaker at GAT, keeping the speaker's attention on educating our community rather than worrying about tech issues that are so common. This service to our speakers allows GAT to continue to provide the top education for our coaches who are molding our young athletes.

Rebekah, began participating in gymnastics at the age of three, transitioning to track during high school. She attended Highlands University as a heptathlete and graduated with a Bachelor's in History from Texas State University in 2014.

Rebekah enjoys providing the utmost customer service in her work with Cook Walden Funeral Home as a Family Service Counselor, pre planning advisor, and cemetery specialist.

DISTINGUISHED SERVICE AWARD

The Distinguished Service Award is presented to a person(s) who has given outstanding recent service to the gymnastics development and gymnastics programs in Texas.

2019 DISTINGUISHED SERVICE AWARD

PRESENTED TO:

GREG KESTER



Greg Kester began his gymnastics career in 1981 and has been involved with all aspects of the sport. He has been a competitor, judge, recreational instructor, competitive coach, business manager, and administrator.

From 1981 to 1991, Greg competed for Central Junior High School, Trinity High School, Texas Academy of Gymnastics, and received a full gymnastics scholarship to compete at the University of Illinois at Chicago. During his competitive career, Greg was the 1986 USGF Class II Texas State Champion and an individual qualifier to the 1991 NCAA National Championships.

From 1984 to 1987, Greg served as an Instructor for Trinity High School and L.D. Bell class programs. In 1987 he worked in Bedford Park District in Illinois before returning to Texas to work at ASI Gymnastics, Dallas School of Gymnastics, and then Metroplex Gymnastics. During this time, he served in many capacities including recreational instructor, competitive coach, business manager, and administrator.

Greg has been a Men's Gymnastics Judge since 1983. He has been involved with junior high, high school, TGJA, NGJA, USAG, NCAA, and FIG. He has judged numerous events including Texas High School State Championships, Junior Olympic National Championships, NCAA Competitions, International Qualifiers, and Olympic Trials. He has served as the NGJA Junior Olympic Technical Director, JO National Apparatus Leader, NGJA Midwest Director and Technical Secretary, as well as the TGJA Secretary.

Since 2017, Greg has served as the President and Owner of Alpha Omega Gymnastics in Allen, Texas, where the motto is "Passionately working with kids and creating a very fun and exciting experience."

Greg resides in Allen, Texas with his wife of 25+ years, Catherine. He has 3 daughters; Valerie (25 and married to Ryan, Grandson Weston), Allie (23), and Macie (18). He is an active Deacon at his church and enjoys family time, watching sports, and cooking.

DISTINGUISHED SERVICE AWARD

The Distinguished Service Award is presented to a person(s) who has given outstanding recent service to the gymnastics development and gymnastics programs in Texas.

**2019 DISTINGUISHED SERVICE AWARD
PRESENTED TO:**

RICKY DECI FOUNDATION
FUN & FITNESS GYMNASTICS
KELLIE & HIDEO MIZOGUCHI
MARCYANCEY

 **761 RICKY DECI
FOUNDATION**

The Ricky Deci Foundation along with Fun & Fitness Gymnastics, Kellie and Hideo Mizoguchi, and Marc Yancey, have hosted the only Junior FIG International Team Cup competition in the USA for the last several years.

This takes an extraordinary amount of work and brings the best Junior Elites to Texas for our parents, athletes, and coaches to get inspired from.



PRIDE OF TEXAS AWARD

Pride of Texas Award is presented to the person(s) who has worked for the past several years serving and supporting the GAT community.

2019 PRIDE OF TEXAS AWARD

PRESENTED TO:

TOM MEADOWS



Tom Meadows began his life in gymnastics with a father in the Air Force. Starting in Florida, moving shortly after to Virginia, and then moving away from home at age 14 to train in Allentown, Pennsylvania. From here is where the love of the sport and realizing coaching was in his future began, from the help of Joe Stallone. He ended his High School career there in Allentown at Gymnastrum as a 3 time Junior National Champion in 1990.

From there he went on to compete for the University of Oklahoma as a member of the 1991 NCAA Champion team. While at OU, he earned All-American status on Floor Exercise, Big 8 Champ on Vault, 2-time Big 8 Champ on Rings and a Nissen Award Finalist. In addition, he was a member of the USA National Team for 7 years.

In 1994, upon his retirement from the sport, he began his coaching in Edmond, Oklahoma at Oklahoma Gold. In 1995, he made the decision to move to Cypress, Texas with his close friend, Aaron Basham, and begin coaching at Cypress Academy of Gymnastics with Bill Foster. In 2001, Tom took over as the Head Coach of the program and has remained in the role to this day.

Over the past 24 years, the boy's team at Cypress Academy of Gymnastics has not missed a year of qualifying an athlete to the Junior National Team or the USA Championships. Cypress has had 17 National Team Members, Over 50 National Individual National Titles, 12 International Individual Gold Medals, 12 National Team Champions, 3 Olympians, and 2 Olympic Medalists. After this past J.O. National Championships, Cypress Academy of Gymnastics has now had an athlete win the AA the past 3 years in a row. In 2018, 2 athletes won the AA and in 2019, 3 athletes won the AA. In addition, Tom has represented the USA as a coach at 13 International Events, including being named the assistant coach to the 2012 Olympic Team. In these events, TEAM USA won Gold at 6 of these events.

Individually, Tom has given back to the sport in a number of ways. Here at GAT, he has been a regular on the lecture circuit giving at least 1 lecture, many times 2 or more, every year except 1 since 1995, including helping write the ITP 2 manual. In Texas, he has been a longstanding member of the USAG Texas Executive Board. In 2007, he was named the Region Team Director for Region 3 after running the Regional Camps since 1996 and has taken the Regional Camp system from 12 athletes in 2001 to 91 athletes this summer in which over 45 coaches were involved in an educational opportunity. He continues to be a member of the Men's USAG Junior National Coach Staff, which he has been a member of since 2000.

Over the years, his program has done so well that he has been recognized in a number of ways. Of the awards he has earned, the TGJA named him Texas Coach of the year in 1999, 2001 & 2012. In 2003, he earned the top Region 3 award, being named a Robert Cowan Award recipient. 2011, Tom was named the USAG Senior Coach of the Year. In 2014, he was then given the Region 3 Honor Award. Just recently, Tom was named the USAG Junior Coach of the Year for the 4th time in the last 5 years, 2015, 2016, 2018, 2019.

PRIDE OF TEXAS AWARD

Pride of Texas Award is presented to the person(s) who has worked for the past several years serving and supporting the GAT community.

**2019 PRIDE OF TEXAS AWARD
PRESENTED TO:**

CHERYL CUPPLES



Cheryl Cupples attended her first GAT in 1992 as a 16-year old coach. Serving as a clinician for GAT since 2005, and a volunteer on the GAT board since 2007, has been a highlight of her gymnastics career. In 2011, Cheryl was selected by the GAT board to serve as the GAT Education Director, where her responsibilities include: scheduling speakers and working with the support of the fabulous board to provide the best convention for gymnastics coaches' education each year.

This Summer, Cheryl and her gym, Showcase Gymnastics, in Katy had the honor of hosting the GFA National Championships where her teams won 5 National titles of 9 Showcase teams competing. A few weeks later, 63 participants from Showcase Gymnastics shared in the experience of joining the USA delegation attending the 16th World Gymnaestrada in Austria.

Cheryl is very passionate about the growth of the Gymnastics For All program, and equally passionate about her service to the GAT community.

Cheryl has a bachelor's degree in education from Houston Baptist University. She has been married to her wonderful husband Chris since 2000 and has three beautiful children.

LIFE MEMBER AWARD

The Life Member Award is presented to GAT member(s) who have given a long period of outstanding service and accomplishment to the sport of gymnastics.

JUERGEN ACHTERMANN



JUERGEN ACHTERMANN: Humble - 2019

Juergen began his involvement with gymnastics at Rowland's Gymnastics where he earned State All-Around Champion status. He competed in gymnastics at Humble High School and then Texas A&M University before beginning his high school coaching career at Kingwood HS in 1982. He coached the Women's Team to their first State Championship in 1983 (the first State Champs of any kind for Kingwood) and later coached the Humble HS Men's Team to a State Championship in 1993. Juergen is the only coach in THSGCA history to have coached a State Champion Team for both Men and Women at two different schools. He has been named District, Regional and National Coach of the Year and has been named lead coach for the Texas High School National Team for both Men and Women four times. He has served as Regional Technical Director and President of THSGCA and retired from high school programs after 34 years at all Humble ISD High Schools.

He opened Juergen's Gymnastics Academy in 1986, coaching boys and girls from Level 4 through Elite. He served in numerous USAG State and District positions, hosting countless meets for both high school programs and USAG programs, and served as certified Men's and Women's gymnastic judge. Many of his athletes earned scholarships and/or competed in collegiate programs. Elected 2019

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CAROL WILLIAMS



CAROL WILLIAMS: San Antonio - 2019

Carol began gymnastics with James White at John Glen Jr. High in San Angelo, Texas. She competed for Central High School where she became a Texas All American High School Champion on Bars the same year the girls team won second place at the State High School Championships.

Carol began to judge after high school and has been a rated judge since 1974. She competed briefly at SW Missouri State, and later transferred to Southwest Texas State (now Texas State University) where she assisted Darlene Schmidt with the College team. She started the Splitz age group team at the university.

Carol ran The Gymnastics Bus for preschoolers and birthday parties for 14 years. At one point the business had 1200 students with 3 buses. She opened Gymnastics of San Antonio that she later sold to her tumbling coach. The business is still doing well to this day. She has always loved coaching and has substituted and worked for area gyms as needed. Carol has become a virtual professional volunteer.

In the 80's she was Secretary of GAT and helped to type the GAT directory on the old fashioned typewriter. She has been President of GAT as well District 4 Rep on USAG Board serving under Carol Hillenberg, Doug Fitzgerald, Cori Rizzo, Juergen Achtermann, and Diane Callison. She has been the Judging Assignor in Central Texas and a past NAWGJ state board member. In 1993 she became an Elite rated judge and then a National Judge. In 2011 Carol was elected the Texas NAWGJ Judging Director.

Volunteering 40-60 hours weekly as the judging director, Carol has positively influenced and impacted gymnasts, coaches, judges by her dedication to educate judges and coaches, assign judges, sets up clinicians for the judges track at GAT, provided state clinics for coaches and judges every summer, organizes the Judges' Cups each year, runs the Xcel Xtravaganza, sets up the TX Challenge so Texas has a team represented at the National Judges Cup, is the CPE coordinator for Texas plus numerous other duties inherent in her position that had made Texas NAWGJ excellent.

Carol's professionalism, her knowledge, her dedication to details, the desire to help other, the fairness of decisions made, the willingness to sacrifice time for the betterment of NAWGJ and USAG, are qualities that have earned her the respect of her peers. Her commitment to helping other judges, coaches, gymnasts is a testimony to her dedication to Texas and the promotion and advancement of our sport. Elected 2019

TEXAS LEGENDS

*A posthumous memorial for GAT members
who dedicated years of service to the sport
of gymnastics.*

Tom Brewer
Larry Anderson
Luis Garcia
Bea Crenshaw
Ernie Kirkham

*“You have not lived today until you have done
something for someone who can never repay
you.” - John Bunyan*



**THANK
YOU!**

Thank you to all who make this wonderful event and organization possible; coaches, judges, vendors, speakers and especially the GAT Board.

